



Office de tourisme Pays bigouden

www.destination-paysbigouden.bzh

Contact us
02 98 82 37 99

Mail: info@destination-paysbigouden.bzh
Livechat on our website

Opening times
Our tourist offices
Our mobile tourist office

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EMERGENCY NUMBERS
15 - AMBULANCE
18 - FIRE SERVICE

Office de tourisme Pays bigouden

SPL Destination Pays bigouden sud - 17 Rue Raymonde Folgaras Guille-Loctudy 29120 Pont-l'Abbé / RCS Quimper 824 433 999 / Registration of travel and holiday operators: IM029170002 / Insurance: GROUPE PAMA Quimper N°102359948 / Financial guarantee GROUPEAMA 46500466/0001 / SIRET: 824 433 999 000 11

Haut Pays bigouden Tourist Office
13 rue du centre 29170 Plozévet

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IMPRIM'VERT
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MARKETS

Monday
LESCONIL
Evening market from 5 pm to 10 pm on the harbourfront - July and August
ÎLE-TUDY
In the morning, Sillon car park July and August
LOCTUDY
In the morning, Town hall car park All year round
LE GUILVINEC
In the morning, in the town-centre All year round
PENMARC'H
Evening market, 4 pm to 9 pm Saint-Pierre - July to mid-september

Tuesday
PONT-L'ABBÉ
Route de Saint-Jean-Trolimon, 4 pm to 7 pm - July to December.

Wednesday
LESCONIL
In the morning, on the harbourfront All year round
SAINTE-MARINE
In the morning, Place Grafenhausen - All year round
PENMARC'H
In the morning, Kéry harbour All year round
POULDREUZIC
5:30 pm to 8:30 pm, Penhors chapel From 17 June to 26 August 2026

Thursday
PONT-L'ABBÉ
In the morning, Place de la République and Place Gambetta - arts & crafts market July and August
GOURLIZON
2nd Thursday of the month 4:30 to 7 pm - Ty Bras (except August)

Friday
PENMARC'H
In the morning on the harbourfront in Saint-Guénoél - All year round
PONT-L'ABBÉ
Quélourdec Farmer's market 4 pm to 7 pm - All year round
COMBRIT
4 pm to 7 pm, Saint-Joseph square All year round
LABABAN - POULDREUZIC
4:30 pm to 6:30 pm - All year round
PEUMERIT
4:30 pm to 7 pm, Saint-Joseph chapel All year round
PLOZÉVET
In the morning, place de l'Église All year round
PORS POUHLAN
5 pm to 10:30 pm, on the harbourfront July and August

Saturday
SAINT-JEAN-TROLIMON
In the morning in Kermathéano - From march to mid-December
POULDREUZIC
In the morning, Place Corentin Hénaff All year round
Sunday
LE GUILVINEC
In the morning, in the town centre All year round - big market April to September
PLONÉOUR-LANVERN
In the morning - Espace Les frères Méhu All year round

Other activities:
Eat & buy LOCAL
Protect our BIRDS
Dance at our FEST-NOZ
Here 100% CULTURAL HERITAGE
Hike on the GR® 34 TRAIL
Bike the V45!

Harbour hopping

Guilvinec harbour
Sainte-Marine harbour
Pors Poulhan harbour
Loctudy harbour
Lesconil harbour
Saint-Guénoél harbour
Penhors harbour
Île-Tudy harbour

Places to visit

ABRI DU MARIN
A museum dedicated to the life of sailors at the beginning of the last century and the work of Jacques de Thézac • All year round • 02 98 51 94 40 • Combrin Sainte-Marine

MAISON DE LA BAIE D'AUDIÈRE
A place to discover the local plant and animal life • Exhibitions, videos, conferences • Art and nature trail • Open from May to October • 06 48 35 35 16 • Tréguennec

CHANTIER LE CŒUR
Reconstructed shipyard • Presentation of the heritage of the port of Lesconil • Guided tour on Wednesday (from 10 am to 12 pm) and on Mondays (from 4 pm to 6 pm) with registration at the tourist office • Open from mid-June to mid-September • 02 98 82 37 99 • Plobannaec-Lesconil

HALIOTIKA - CITÉ DE LA PÊCHE
Head to the observation deck behind Haliotika at 4 pm (weekdays) to watch the trawlers come in • Visit the visitor centre to find out all about the journey of fish from the sea to the plate • Guided tour of the fish auction possible, booking required • Open from April to All Saints' Day and during winter school holidays • 02 98 58 28 38 • Le Guilvinec

MUSÉE DE LA CONSERVIERIE LE GALL
Museum dedicated to the history of the workers at Alexis Gall's fish canning factory. • Open from 4 April 2026 to 31 December 2026 • 02 98 98 83 99 • www.musee-conserverie-loctudy.bzh • Loctudy

MUSÉE DE LA MAISON HÉNAFF
115 years of stories and testimonials about the Hénaff company! • Open from July to early September • 02 98 51 53 76 • 02 98 54 36 59 • www.henaff.com • Pouldreuzic

HANGAR DU PATRIMOINE
Heritage Thursdays every week in July and August from 2 pm to 6 pm • Free • Various activities • Lieu-dit Pendreff, Pouldreuzic

MAISON NATALE DE PIERRE-JAKEZ HÉLIAS
Visit the traditional house and birth place of the author of Cheval d'Orgueil • Open from mid-June to the end of August • 02 98 54 40 32 • Pouldreuzic

CIDRERIE KERNÉ
Visit the shop and discover the secrets of cider-making. Open all year round. Free admission • 02 98 54 41 86 • www.cidre-kerne.bzh • Pouldreuzic

MUSÉE BIGOUDEN -
It will reopen its doors in September 2026 for Heritage Days. It invites you outside its walls for the exhibition The Great Embroidery, 90 Years of Maison Le Minor at the Le Triskell cultural centre • 02 98 66 09 03 • www.museebigouden.bzh • Pont-l'Abbé

MUSÉE DE LA CLASSE PATRIMOINE
The old classroom is open every Tuesday and Thursday in July and August, from 5pm to 7pm - Free admission from 5pm to 6pm and dictation from 6pm • Free admission • Plovan

HANGAR DE JEAN - MUSÉE DU SOLEX
A workshop decorated with "vintage" posters where you can discover more than 40 models of Solex mopeds • Free • Open all year round • 07 86 49 42 32 Penmarc'h

MUSÉE GALÉNIUM
Over 500 objects using transistors: radios, tape recorders, cassette players, walkmans, record players, hi-fi systems, car radios, telephones, etc • Open in July and August • 02 98 66 82 58 • 06 83 54 63 39 • 29760 Penmarc'h • www.musee-galenium.pagesperso-orange.fr • Penmarc'h

COMING AND GOING in Pays bigouden!

By favouring soft mobility or public transport. Rechargeable travel cards on sale at in our tourist offices.

Here you will find a comprehensive guide to transportation, restaurants, accommodations, and shops accessible throughout your journey at each step.

PRACTICAL MAP

LEGEND

- Tourist office
- Chapel
- Megaliths
- Swimming pool
- Railway station
- Blue Flag beach
- Sheltered harbour
- Fishing harbour
- Freshwater fishing
- Ferry, pedestrian ferry, Boating, surfing, rental
- Beaches and disabilities
- Penmarc'h: Pors Carn beach, Tirallo and seahorse
- Ster beach: tirallo, handiqrato, non-slip mat
- Île-Tudy: Sillon beach, seahorse
- Lesconil: Quatre vents beach at the nautical centre, seahorse
- Combril / St-Marine: Penmarc'h beach, seahorse
- Trézel beach, seahorse
- Pouldreuzic: Penhors beach, tirallo and accessibility mats
- Plozévet: Menhir-Kerrest beach, tirallo
- Plovan: Ru Vein beach, tirallo
- GR® 34, coastal path
- GRP® «Pays bigouden»
- V45 cycle route
- Cycle lane
- Greenway cycle path
- The route of the former Birinik train line - N° 2902
- Covering almost 19 km, the route links Pont-l'Abbé to the port of Saint-Guénoél (Penmarc'h). The route largely follows the line of the old railway that used to run through the southern Bigouden region.

To Pointe du Raz
1H / 47 KM*
"Grand site de France"
Panoramic view of the famous raz de Sein, Pointe du Van

To Lesconil
30 MIN / 30 KM*
«Petite cité de caractère», «plus beau village de France», arts & crafts, church and cobbled streets

To Quimper
22 MIN / 20 KM*
The cathedral, the shopping streets, the Henriot earthenware factory, the museums, the half-timbered houses

To Concarneau
(par la côte)
42 MIN / 34 KM*
The walled town, the fishing museum

To Pont-Aven
45 MIN / 52 KM*
Art galleries, banks of the aven, Pont-Aven museum & biscuit factories

Benadot
16 MIN / 12 KM*
The corniche, the casino & the thalasso

WELCOME TO BIGOUDEN COUNTRY

Ours brochures

Our cards
Our thematic guides
Our e-brochure OF ACCOMMODATION Pays bigouden
Our guide TO THE BEST PLACES TO GO Pays bigouden

Amusées-vous!

In July and August, visit six museums between Pouldreuzic and Plovan and try to win your holiday souvenirs thanks to the Amusées-vous! campaign.
Brochure available from the Haut Pays bigouden, tourist offices, participating museums and partners.
Find the «Amusées-vous» partner museums above.

Where to see headdresses?

BIGOUDEN MUSEUM OF PONT-L'ABBÉ
The Bigouden Museum will reopen its doors in September 2026 for Heritage Days. It invites you outside its walls for the exhibition The Great Embroidery, 90 years of Maison Le Minor, at the Le Triskell cultural centre.

PARADES AND TRADITIONAL FESTIVITIES
During the summer, the Bigouden region hosts festivals and parades that showcase the Bigouden headdress and costume.
Festival des Brodeuses in Pont-l'Abbé on 9, 10, 11 and 12 July 2026.
Fête bretonne à Loctudy on 2 August 2026. Parade, music shows, traditional dances and fest-noz.
Parade Entre terre et mer, to Saint-Pierre from Saint-Guénoél, on 2 August 2026.

100% natural IN PAYS BIGOUDEN

PROTECTING OUR ENVIRONMENT play your part!

Shhhh! Keep your favourite spot to yourself!
Sharing the location of a spot on social media may seem harmless, but it can have major repercussions, such as increased visitor numbers and an impact on the environment. Keep this little secret for your family and friends.

Water sports destination BIGOUDENSPOT

What is the bigoudenspot?
Eight centres give you privileged access to the full range of water sports on offer in the Pays Bigouden Sud: sailing, kayaking, surfing and paddle boarding. This network of centres guarantees that you will be accompanied by qualified professionals

Who is part of the network?
Twenty Nine ESB La Torche (Plomeur), Rise Up Surf School (Plomeur), the Penmarc'h municipal watersports centre, the Lesconil, Loctudy, Île-Tudy, Sainte-Marine and Pont-l'Abbé watersports centres

Simple gestures that make all the difference

- Avoid plastic bottles and keep your water bottle handy when you're out and about
- Don't take anything away with you! Let's leave the pebbles in place to preserve the dune, and take photos of the flowers rather than picking them.
- After stopping for a rest, make sure you leave nothing behind, especially waste.
- Respect the trail markers and stay on the path.
- To make the most of our beautiful landscapes, it's best to avoid visiting sites at peak times.
- Our four-legged friends are not allowed on the beaches of the Pays bigouden during the summer (even on a lead), for hygiene reasons and to protect the flora and fauna. Dogs are permitted on the beaches of Penmarc'h and Tréguennec from 8 pm to 10 am.
- Protect the plovers! Take care as you cross the top of the beach. Plover nest and eggs are difficult to spot, so can easily get broken. Paddling in the water is a better option.
- Please use eco-friendly or public transport wherever possible.

WATER SPORTS heaven

HERE, zéro waste!

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LOCALS' FAVOURITE SPOTS

in Pays bigouden

This map was created with the participation of local people from Pays bigouden. Here you'll find their favourite **experiences** and **place to go**!

